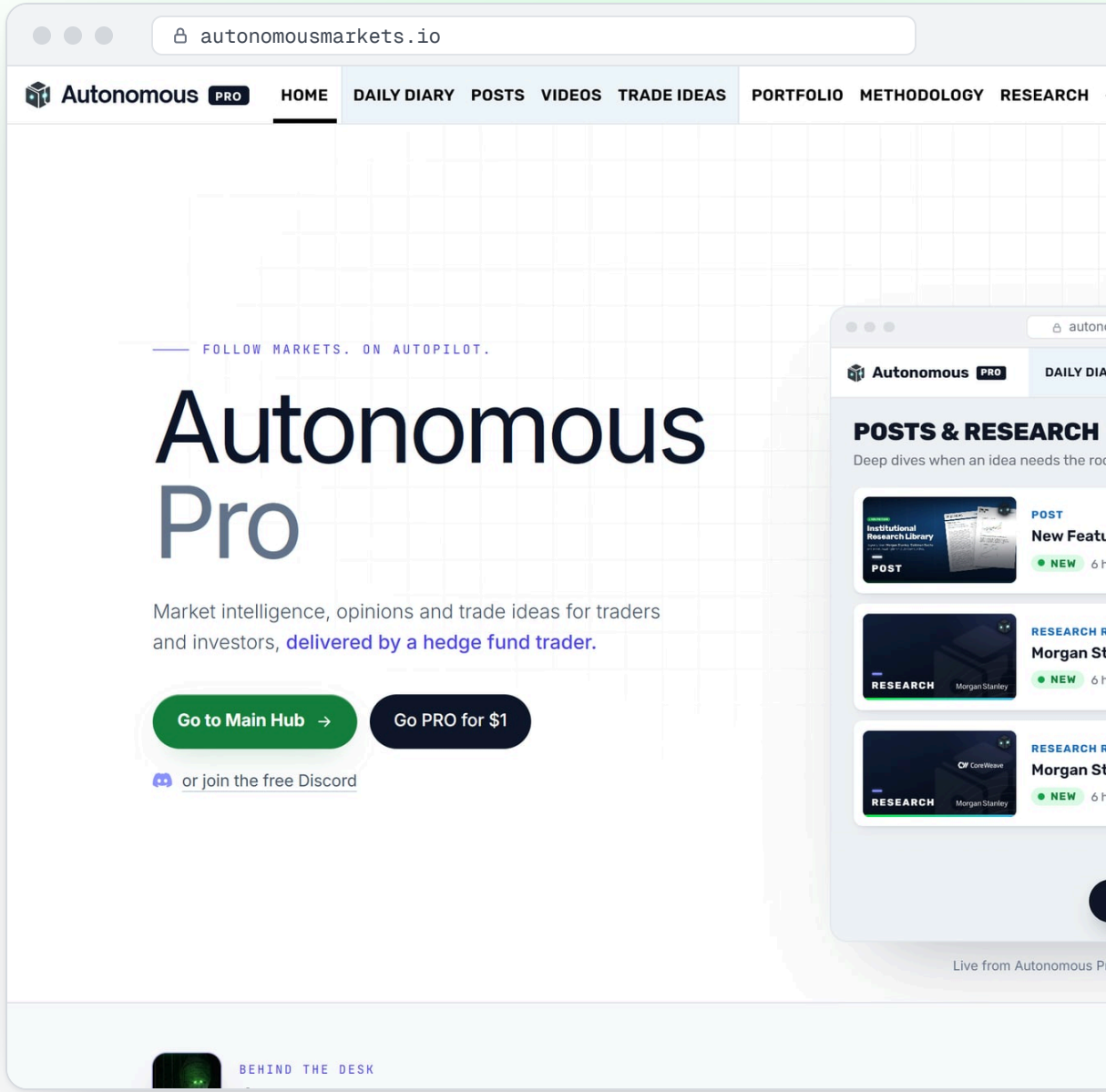
Autonomous Pro

START HERE · YOUR GUIDE

Welcome to Autonomous Pro.

Market intelligence, commentary and trade ideas for traders and investors, **from a hedge fund professional.** This guide shows you what's here, and where to find it.

01	How it works	2
02	Autonomous Pro, tab by tab	4
03	Your rooms on Discord	11
04	What your plan includes	14
05	Where do I find…?	15



HOW IT WORKS

Read it on Autonomous Pro. Talk it through on Discord.

Everything I publish goes on **Autonomous Pro** first, at autonomousmarkets.io. The moment it's published, it also lands in your Discord room, with a link back to Autonomous Pro.

READ

THE MAIN EVENT

Autonomous Pro

autonomousmarkets.io

Where everything is published and kept. Read the day as it happens, look back at any date, search any ticker.

- Daily Diary
- Trade Ideas
- My Methodology
- Posts & Research
- Portfolio & SPX Plan
- Videos & Calendar

POSTS ITSELF TO YOUR ROOM, WITH A LINK BACK

TALK

ALONGSIDE

Discord

discord.autonomousmarkets.io

Where we talk it through. Each plan has its own rooms, and Autonomous Pro's posts arrive there on their own.

- Every trade, as I post it
- Request a chart
- Group AMAs (Mentorship)
- Ask me questions
- Discuss the trades
- Meet other members

RULE OF THUMB

Want to **read** it? Go to Autonomous Pro. Want to **ask** about it? Go to Discord.

EVERY TRADE I TAKE · EVERY REASON WHY

GET SET UP

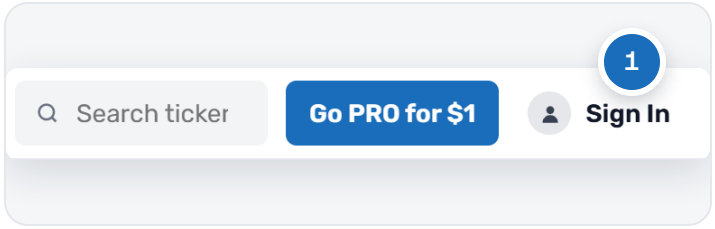
Three steps, and you're in.

1

Sign in on Autonomous Pro

Go to **autonomousmarkets.io** and press **Sign In**, top right. Use the email you joined with, or **Continue with Discord**.

No password yet? **Forgot password** emails you a link to set one.



2

Open the Daily Diary

It's the first tab, and the heart of Autonomous Pro: my read through the session, stamped to the minute. Leave it open: new entries slide in live.

A **green dot** on DAILY DIARY means there's a new entry since you last looked.

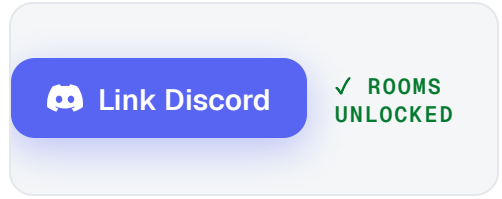


3

Link Discord

On Autonomous Pro, open **your account** and press **Link Discord**. Your plan's rooms unlock within a minute.

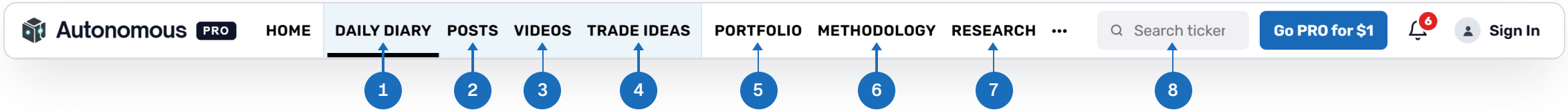
There, **Your emails** picks what reaches your inbox. Then say hello in `#general-chat`.



AUTONOMOUS PRO, TAB BY TAB

What each tab is for.

Every page on autonomousmarkets.io carries the same white bar. HOME brings you back to the main hub, and the ··· menu holds the Calendar, About me and the FAQ. Each other tab does one job: here's what sits behind it, and which plan opens it.



1 Daily Diary

My read through the session, stamped to the minute. The heart of Autonomous Pro.

PRO & UP · SOME FREE

2 Posts

The long form: deep dives, write-ups and institutional research. **Pro Only** lists what Pro unlocks.

PRO & UP

3 Videos

The daily market recap, walkthroughs, and the replays of the Mentorship group AMAs.

PRO & UP

4 Trade Ideas

Every trade I take: entry, rationale, invalidation, and every update to exit.

PRO & UP

5 Portfolio

Every position I hold, tagged by horizon, updated as I trade. The SPX Plan, my day trades, sits beside it.

PRO & UP

6 Methodology

How I trade, written down: my methodology, then the S&P 500 day trading guide that builds on it.

PRO & UP

7 Research

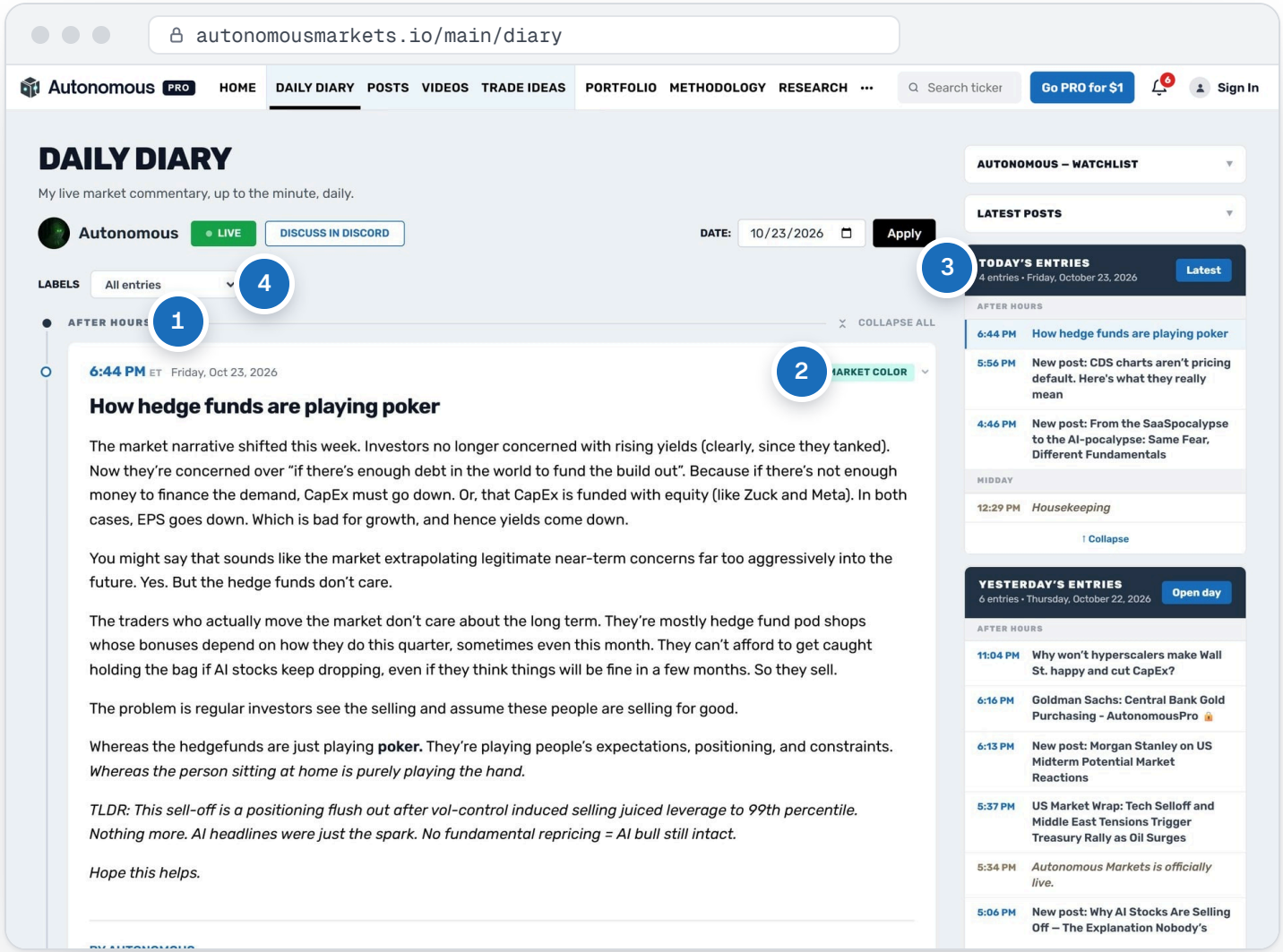
The Research Library: bank and hedge fund reports, read on the site. Plus Breadth, free.

PRO & UP

8 Search

Type any ticker, like NVDA, to see everything I've written on it, newest first.

EVERYONE



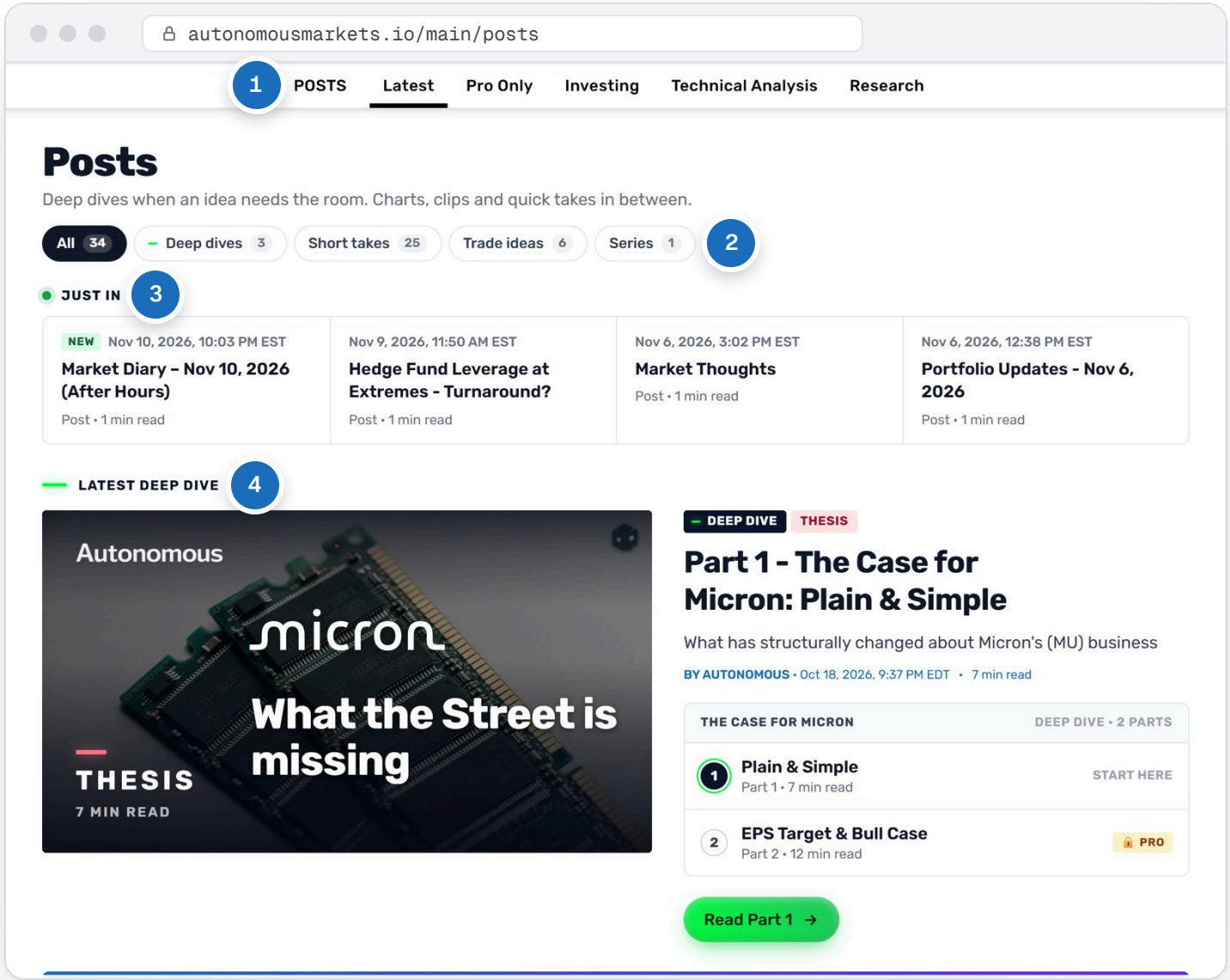
DAILY DIARY

The read, as it happens.

Short, timestamped entries through the session: what's moving, why, and what's likely next. Leave it open all day: it's like a Bloomberg chat with a hedge fund trader.

1. **Filed by session,** Pre-Market to After Hours, each entry stamped in Eastern time.
2. **Labels** say what kind of entry it is: Breaking, Headline, Quick take, Technicals…
3. **Today's Entries** lists the day at a glance, with **Yesterday's** under it. The date box opens any past day.
4. **The Labels menu** shows every entry of one kind. **Collapse all** folds the day to its titles.

WHO	PRO & UP Some entries are open to everyone.
ALSO	The day's SPX levels, posted here each morning.
DISCORD	#pro-posts · free entries in #all-posts



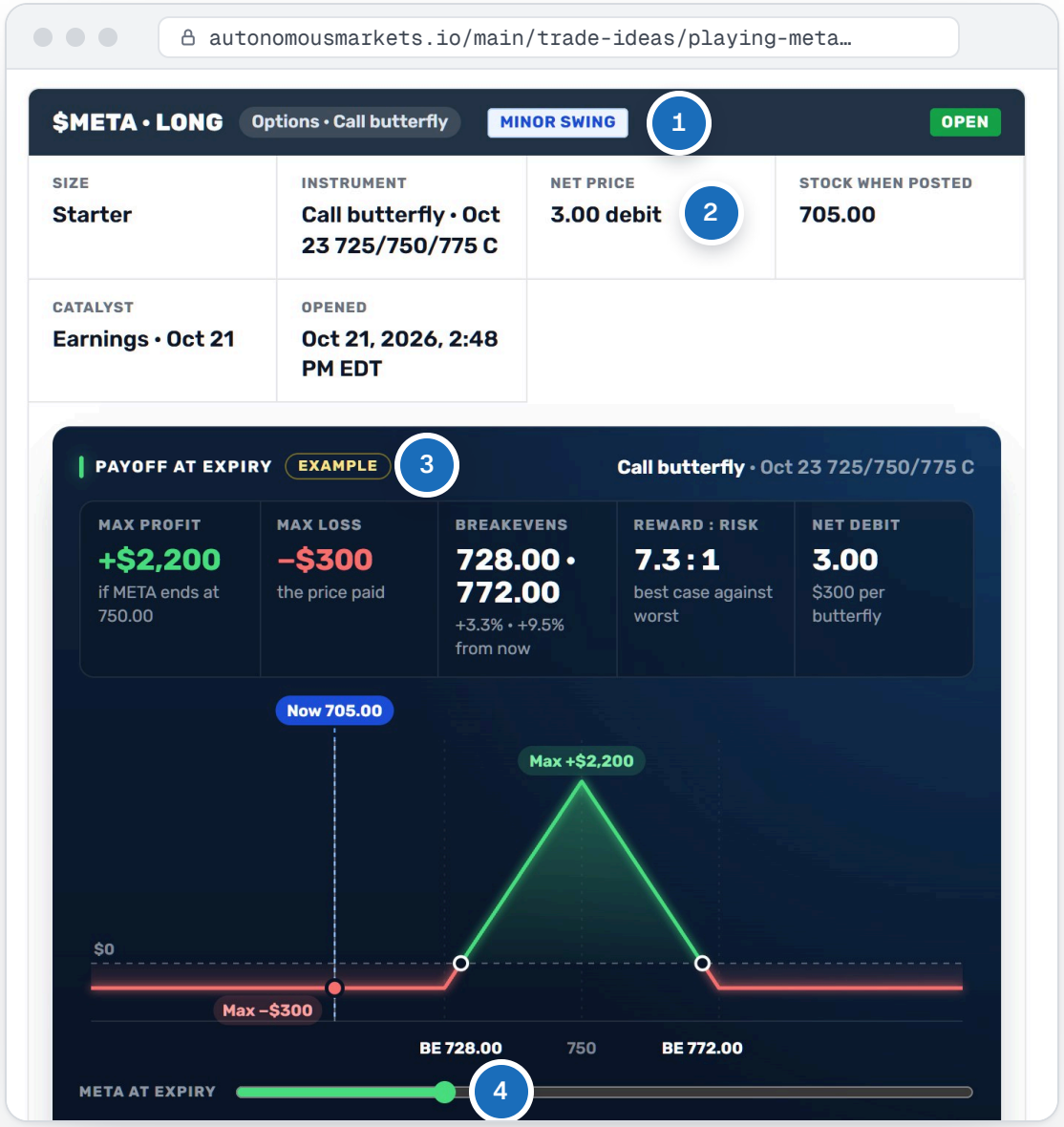
POSTS & RESEARCH

The long form, and the research.

When a thesis needs more than an entry: the full write-up, my research notes, and research from banks and hedge funds, each report with my commentary.

1. **The Posts menu:** Latest, **Pro Only**, Investing, Technical Analysis and Research.
2. **Filters:** deep dives, short takes, trade ideas and series.
3. **Just in:** the four newest posts, so you see what's new first.
4. **My top story,** with every part of its series. Below it, **Featured**, then every post, newest first: **Read it here** opens one on the spot.

WHO	PRO & UP Some posts are free.
RESEARCH	The reports, the PDFs: `#research-library` · read on the site under **Research › Library**
DISCORD	`#pro-posts` · `#technical-analysis` · free ones in `#all-posts`



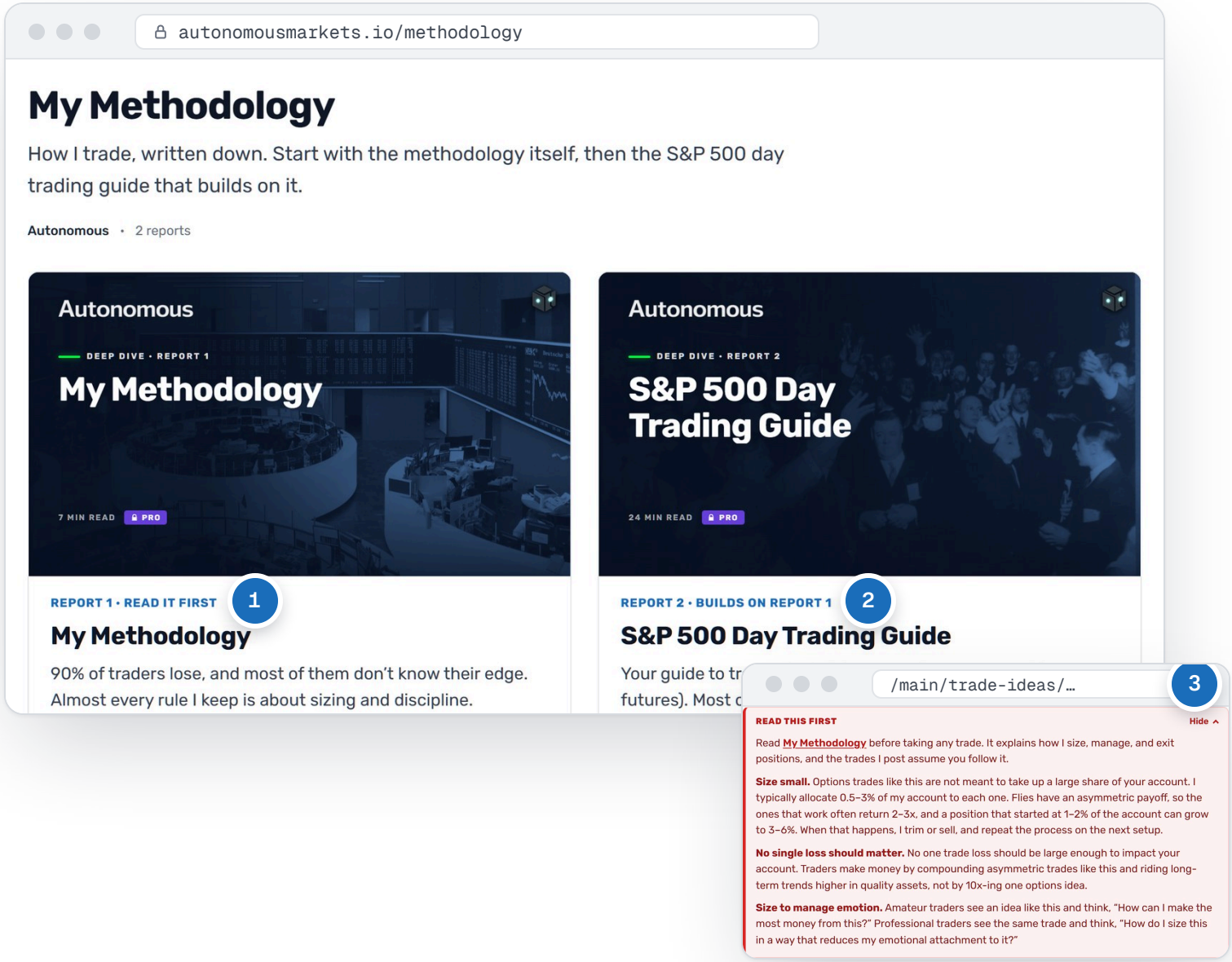
TRADE IDEAS & PORTFOLIO

Every trade I take.

Instrument, direction, entry, rationale, invalidation and planned risk, posted as I take it. Adds, trims and exits are filed under the trade, including the ones that go against me.

1. **Status and horizon:** open or closed; Long-term (months to years) or Swing (days to weeks). "Minor" means a smaller size.
2. **One page per trade:** the instrument, size, entry and catalyst, with every add, trim and exit filed under it.
3. **The payoff at expiry** of an options trade: max profit and loss, breakevens, reward to risk.
4. **Interactive:** drag the price at expiry to see what the trade makes or loses there. An example, not a promise.

WHO	PRO & UP
PORTFOLIO	Every position I hold, tagged by horizon; my day trades in the **SPX Plan**
ALERTS	The moment I post: **#trade-ideas** · **#spx-plan**, and by email if you choose
EVERYONE	Every closed trade, win or loss, in **#portfolio**



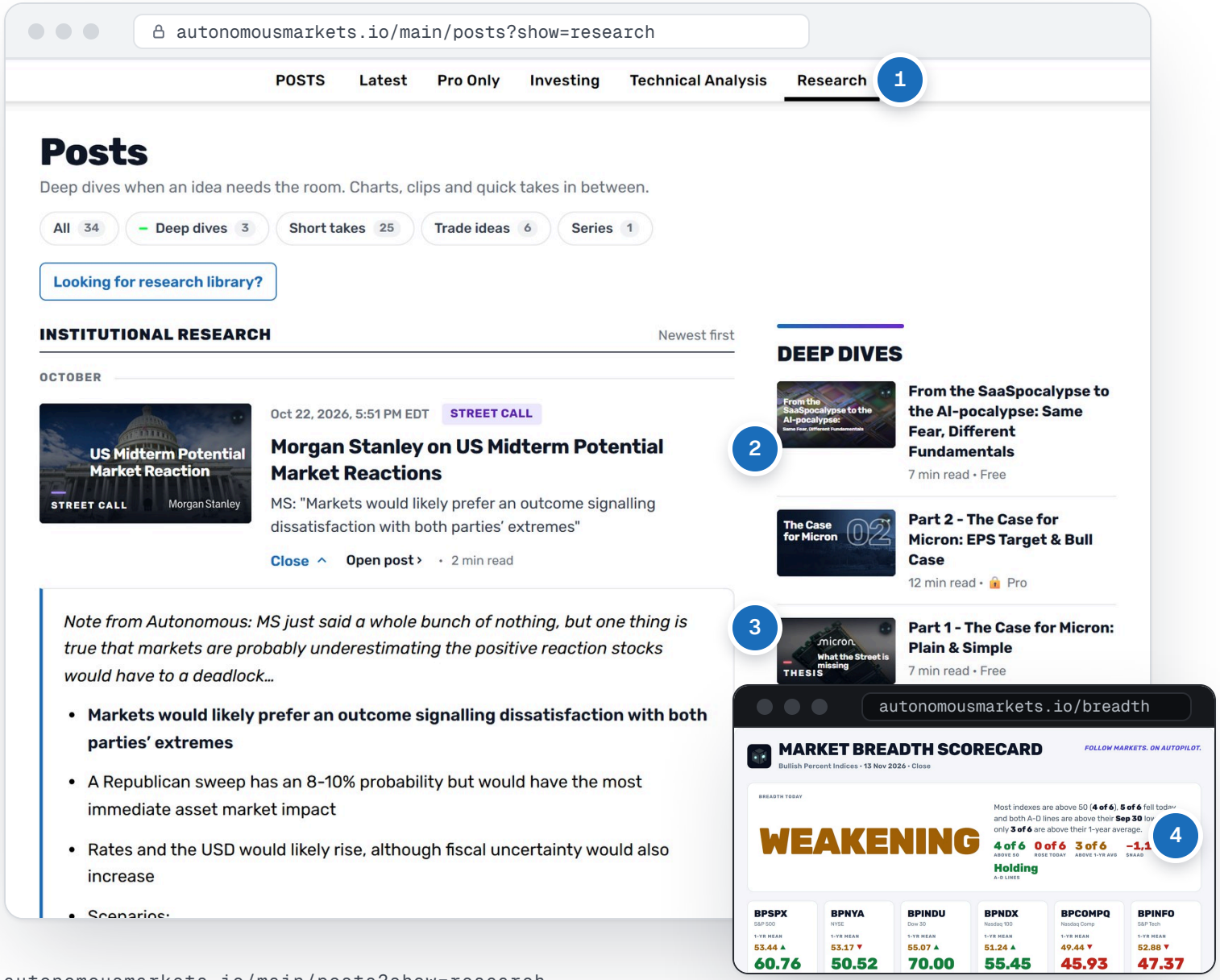
MY METHODOLOGY

How I trade, written down.

Two reports, laid out like my deep dives. Start with the methodology itself, then the S&P 500 day trading guide that builds on it.

1. **My Methodology,** report 1: read it first. Why most traders lose, and the sizing and discipline rules I keep.
2. **The S&P 500 Day Trading Guide,** report 2: 0DTE SPX options or ES futures, and why most of the day isn't worth trading.
3. **Read this first,** at the top of a trade idea: how I size it, and a link back to My Methodology.

WHO	PRO & UP
WHERE	**Autonomous Pro › Methodology**, in the top bar
DISCORD	Questions about how I trade: **#pro-chat**



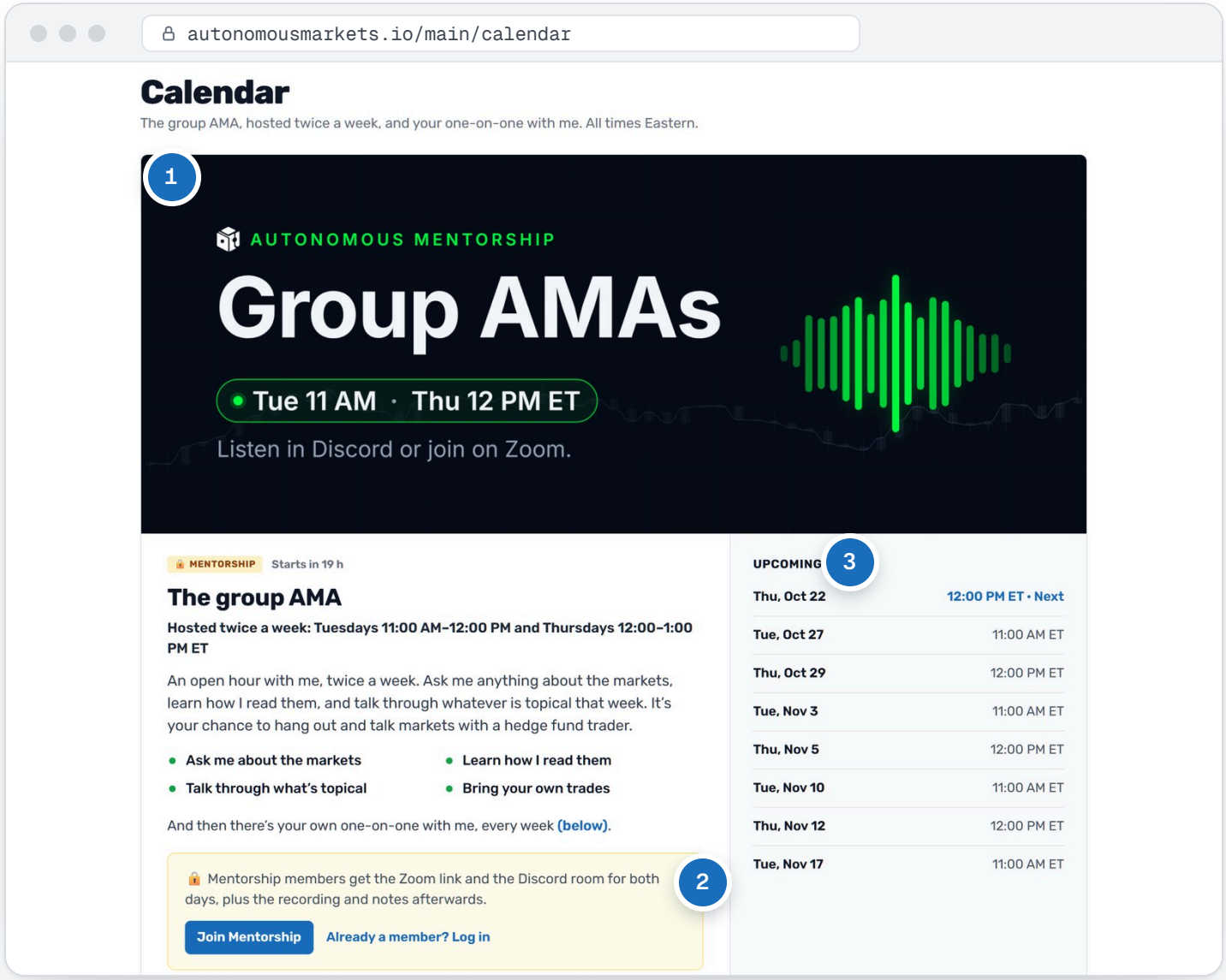
INSTITUTIONAL RESEARCH

The research library, with my read.

Fundamental research and institutional notes from banks and hedge funds, the ones I'm authorized to share, each with my commentary on what matters in it.

1. **Research,** in the Posts menu: every note I break down. **Read it here** opens one; **Looking for research library?** opens the reports.
2. **The bank's own work:** each note names its source and keeps its key points and exhibits.
3. **My read:** a note from me on what it's really saying, and what I take from it.
4. **Breadth:** my market breadth dashboard, under Research. Free for everyone.

WHO	PRO & UP Some notes are free.
REPORTS	The PDFs, read on the site: **Research › Library**
DISCORD	Reports in **#research-library** · my breakdowns in **#pro-posts**



CALENDAR & VIDEOS

Group AMAs, and your one-on-one.

Mentorship members get two group AMAs a week, on Zoom or in Discord, and a 30-minute one-on-one with me every week: your development as a trader, your strategy and your trades.

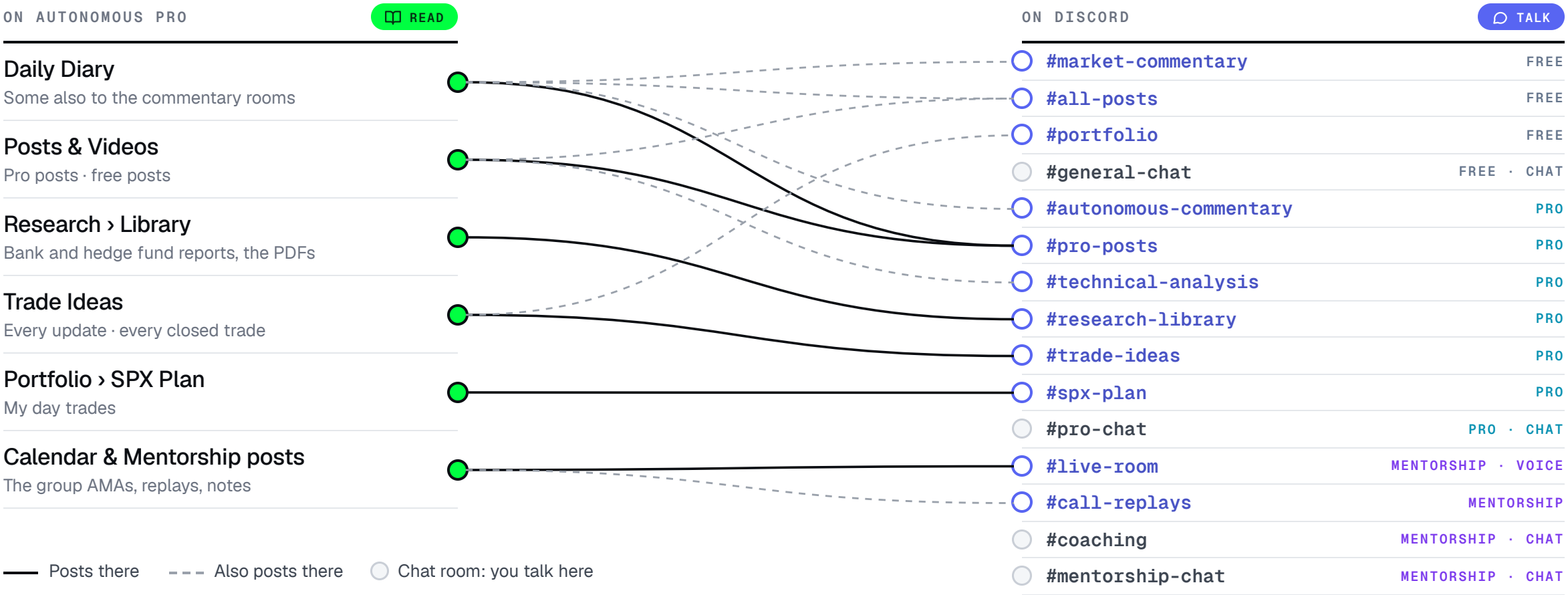
1. **The next AMA,** with the day and time. All times Eastern.
2. **Your join links** appear here when you're signed in as a Mentorship member.
3. **Every upcoming date.** Below it, **Book my call** for your one-on-one.

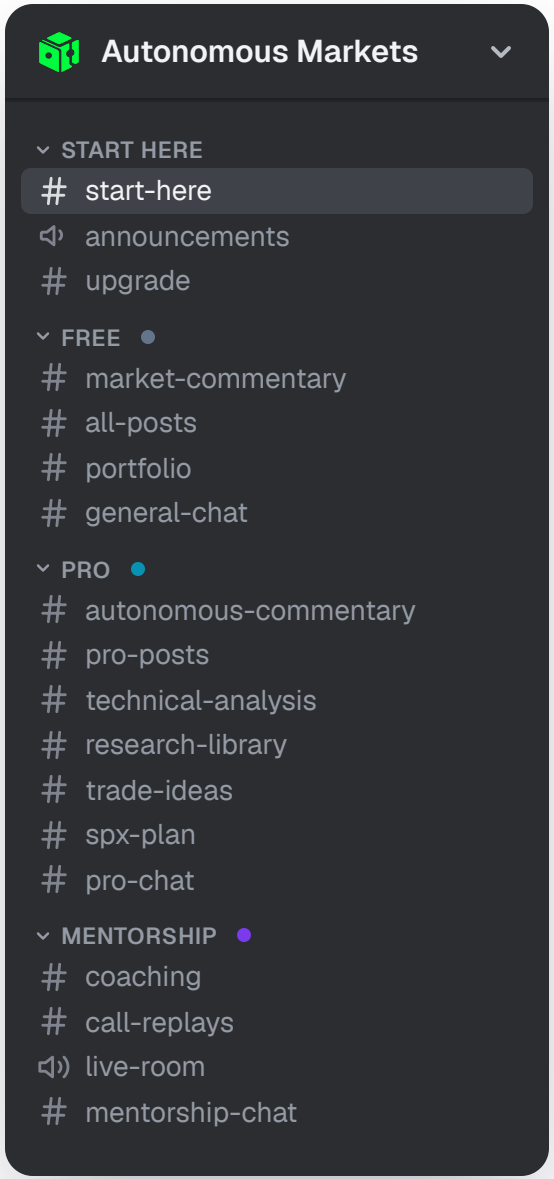
WHO	MENTORSHIP The Calendar is under ··· in the top bar.
VIDEOS	The daily recap, walkthroughs and AMA replays: the **Videos** tab PRO & UP
DISCORD	#live-room · #coaching · #call-replays · #mentorship-chat

HOW AUTONOMOUS PRO FEEDS DISCORD

Published here. Lands there.

Everything starts on Autonomous Pro. Each piece then posts itself to the Discord room for the plan that can read it, with a link back to the full piece.





YOUR ROOMS ON DISCORD

A room for every plan.

FEED rooms fill up by themselves from Autonomous Pro. CHAT rooms are where you talk.

START HERE — Everyone

#start-here INFO
This guide, the house rules and every link.

#announcements INFO
What's changing: schedules, new rooms, service updates.

#upgrade INFO
Compare the three plans, and join.

FREE — Everyone

#market-commentary FEED
My market commentary: the Diary entries I pick for it.

#all-posts FEED
Everything I make free: the Diary, posts, videos, trades.

#portfolio FEED
My trades and portfolio changes, for Free and Pro.

#general-chat CHAT
The open floor: markets, questions and introductions.

PRO · RESEARCH — Pro, Mentorship

#autonomous-commentary FEED
My running commentary, and the morning newsletter.

#pro-posts FEED
The Daily Diary, my posts and videos, and my research breakdowns.

#technical-analysis FEED
Technical analysis on the most traded names: the levels that matter.

#research-library FEED
Research reports from banks and hedge funds: the PDFs.

YOUR ROOMS ON DISCORD

Pro and Mentorship.

PRO · TRADES

Pro, Mentorship

#trade-ideas FEED
Every trade idea and every update to it: entries, adds, trims and exits.

#spx-plan FEED
My day trades in 0DTE index options and ES futures, as I make them.

#pro-chat CHAT
Ask about anything on Autonomous Pro or any trade, and request a chart.

See a room with a lock?

It's a preview of a paid room: you can see what it's for, and members see inside. Compare plans in **#upgrade**.

MENTORSHIP

Mentorship

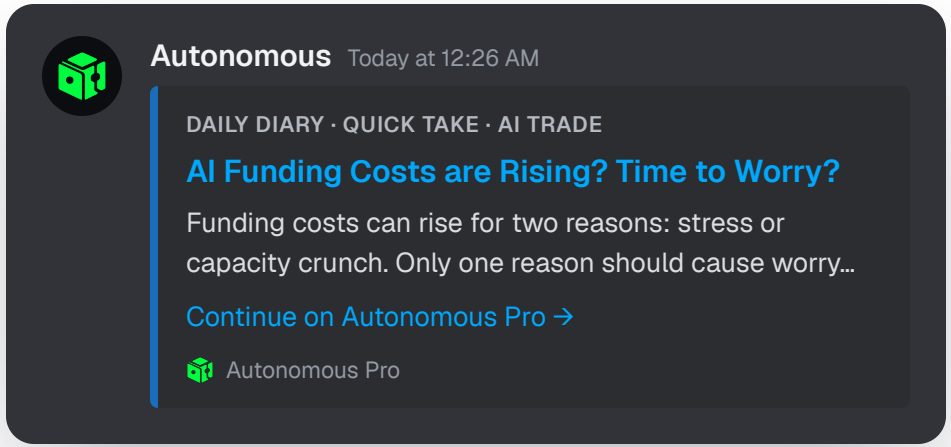
#coaching CHAT
AMA questions in advance, your trades for review, and your private coaching thread.

#live-room VOICE
Where the group AMAs happen, voice and video. Times on the Autonomous Pro Calendar.

#call-replays FEED
Recordings and notes from the AMAs, plus anything I publish for Mentorship only.

#mentorship-chat CHAT
The direct line: your questions, answered by the trader making the calls.

HOW AN AUTONOMOUS PRO POST ARRIVES



Every feed post is a link. **Tap the title** to open the full piece on Autonomous Pro, then come back to the chat room to talk about it.

ILLUSTRATION · FROM A REAL DIARY ENTRY

Never miss a post

In Discord, right-click a feed room (long-press on your phone) and choose **Notification Settings › All Messages**.

WHAT YOUR PLAN INCLUDES

Three seats. One desk.

Every plan signs you in to Autonomous Pro, and each one opens more of it. Find your plan below: that's what's waiting for you.

WHAT HAPPENED

Free $0

Market Overview & Community

ON AUTONOMOUS PRO

- Daily market updates and week-ahead prep
- Completed trades, broken down
- Every Diary entry and post I make free
- The community, and a monthly AMA

ON DISCORD

`#market-commentary` `#all-posts` `#portfolio` `#general-chat`

WHAT'S HAPPENING, WHY, WHAT'S NEXT, AND HOW I'M TRADING IT

Pro $29/MO

Research, Analysis & Trades

or **$25/mo billed annually** ($300 a year): save $48

ON AUTONOMOUS PRO

Everything in Free, plus

- All my trade ideas and the trades I take, and the live Portfolio
- The full Daily Diary: my latest, up-to-date view
- All my posts, videos and research, and a daily market recap video
- The institutional research library, with my commentary
- Technical analysis on the most traded names, plus requests
- SPX daily levels and the SPX Plan, for day traders
- A morning newsletter on institutional research desk commentary

ON DISCORD

`#autonomous-commentary` `#pro-posts` `#technical-analysis` `#research-library` `#trade-ideas` `#spx-plan` `#pro-chat`

AND I HELP YOU DEVELOP AS A TRADER

Mentorship $99/MO

Coaching & Mentorship

ON AUTONOMOUS PRO

Everything in Pro, plus

- Two group AMAs a week: hang out, talk markets, ask me anything
- A weekly one-on-one with me, 30 minutes: your development, strategy and trade reviews
- Mentorship, and lifestyle coaching too
- It starts with a call about your goals

> *"I've been blessed to have good mentors, and I know the impact it can have. The least I can do is try to have that impact on someone else."*

ON DISCORD

`#coaching` `#live-room` `#call-replays` `#mentorship-chat`

Everything Pro includes: `autonomousmarkets.io/pro`. Change plans any time in **`Account › Manage Billing`**.

USD · MONTHLY · PRO ALSO ANNUALLY

QUICK INDEX

Where do I find...?

Today's read on the market
Autonomous Pro › Daily Diary

Today's SPX levels
Autonomous Pro › Daily Diary each morning

The morning newsletter
#autonomous-commentary

A deeper write-up on a name or theme
Autonomous Pro › Posts

Bank and hedge fund research
#research-library · **Research › Library**

Everything on one ticker
The **Search ticker** box, top right

How I trade, written down
Autonomous Pro › Methodology

What I'm trading right now
Autonomous Pro › Trade Ideas

Every open position, and my day trades
Autonomous Pro › Portfolio and its **SPX Plan**

Closed trades and portfolio changes
#portfolio

Somewhere to ask a question
#general-chat · **#pro-chat** · **#mentorship-chat**

A chart on a name you trade
Ask in **#pro-chat**

AMA times, and booking your one-on-one
Autonomous Pro › ··· › Calendar

Billing, your emails or your password
Sign In › My account

Answers to common questions
autonomousmarkets.io/faq

CAN'T SEE YOUR ROOMS?

Link Discord from your account on Autonomous Pro. Your rooms unlock within a minute.

Still stuck? Ask the Mods in **#general-chat**. Never post payment details.

HOUSE RULES

Education and process: sizing and decisions are yours.

No guaranteed returns or identical fills.

Keep paid content in the paid rooms.



Behind the desk

AUTONOMOUS · FOUNDER

After 10 years of experience in the markets, including roles on institutional trading desks across multiple asset classes, I've built a process to help serious traders identify profitable opportunities and manage risk like professionals.

See you on Autonomous Pro.

BOOKMARK THESE

Every link, in one place.

Autonomous Pro	autonomousmarkets.io ↗
Daily Diary	autonomousmarkets.io/main/diary ↗
This guide, online	autonomousmarkets.io/start-here ↗
Discord	discord.autonomousmarkets.io ↗
Pro and Mentorship	autonomousmarkets.io/pro ↗
Your account	autonomousmarkets.io/account ↗
FAQ	autonomousmarkets.io/faq ↗
X	@autonomousxai ↗
YouTube	@AutonomousMarkets ↗

Education and commentary, not investment advice. Sizing and decisions are yours; no guaranteed returns or identical fills. Full terms at autonomousmarkets.io/disclaimer.